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The Voice of Merici



The 19th Amendment

Beginning in mid-1800s, women and men came together to advocate for women's rights. Some fought for the government to grant women rights. Some argued that they already had the same rights as men, but that they were being prevented from enjoying those rights by unjust laws. The fight for women's rights unfolded at all levels of government.

One of these issues was voting (or suffrage) rights. Some women wanted the federal government to recognize their right to vote by passing a constitutional amendment. After years of fighting and lobbying, the 19th Amendment to the US Constitution was passed in 1920. It declared that:

"The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any state on account of sex."

Other women felt they should focus on getting their state or territory to recognize their right to vote. Several states and territories recognized women's suffrage rights before 1920, including Wyoming, Utah, Colorado, Idaho, Washington, California, Oregon, Montana, Arizona, Kansas, Alaska, Illinois, North Dakota, **Indiana**, Nebraska, Michigan, Arkansas, New York, South Dakota, and Oklahoma.

Please note: The Village of Merici will be preparing the persons we support to vote in the May 7 Primary by inviting candidates for local office to discuss issues of importance.

Legislate Update: Action Alert!

Please contact your state senator and ask them to support increasing Medicaid waiver rates by 10% to help attract quality Direct Support Professionals--workers that provide personal and critical care to Hoosiers with intellectual and developmental disabilities. This would provide for an average wage of \$13 an hour for DSPs. Please call (800-382-9467) or email your senator today and continue to contact them weekly. Please also contact members of the Senate Appropriations Committee. Urge them to include increased funding for DSP wages in the state budget, House Bill 1001.



Coaches' Corner

We hope you will find the information below helpful. First, please read the weekly Update that contains useful information plus the monthly calendar of educational and fun programs for persons we support. The Update is sent each Wednesday afternoon. Please check with Sister Jackie if you are not receiving it. In addition, if you are not receiving it, check your junk email.

The following are "housekeeping" requests:

1. If you are interested in resources to assist the persons you support with social skills development, housekeeping, sexuality/relationships, see Colleen, Kristy, or Sister Jackie. Jackie has many resources on sexuality/relationships in her office.
2. Check out the helpful information in the pockets outside the coach office.
3. Please keep our cars clean by taking out any trash left in the car and by cleaning any spills that may occur.
4. If you are eating in the office area, please throw leftover food in the trash receptacle in the kitchen, not in the outer office area.
5. Please complete the Survey Monkey survey for coaches. Colleen is working on sending out another coach survey that will resolve the issues you are having completing the survey.

Surveys

You will be receiving a survey in the next few days requesting your input about the programs we offer each week. The Community Program Director (Sister Jackie) implements these opportunities typically through volunteers who offer their time and expertise to provide quality educational and fun experiences for the persons we support. The survey is an attempt to assess the effectiveness of our programs. The program offerings are published each week through this weekly Update in the calendar section. We are sending surveys to the persons we support, to coaches, and to family members. We appreciate your input.

March 2019

March is Disability Awareness Month AND Women's History Month!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--------------------------------|----------|
| 10 | 11 | 12 | 13 3:30 p.m. Coupon Club 5 p.m. Jabbers 6 p.m. Relationships Dr. Ciccarelli 6:30 p.m. Board Meeting | 14 2:30 p.m. Job Club 3:30 p.m. Games w/Krystyna 5 p.m. Meditation 6 p.m. Walking Club | 15 3:30 p.m. Body Groove | 16 |
| 17 St. Patrick's Day | 18 4 p.m. Art project with clay | 19 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | 20 3:30 p.m. Coupon Club 5 p.m. Jabbers | 21 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club | 22 3:30 p.m. Body Groove | 23 |
| 24 5 p.m. Cooking w/ Nicole & Bill | 25 5 p.m. Relationships | 26 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | 27 3:30 p.m. Coupon Club 5 p.m. Crime Watch Meeting | 28 2:30 p.m. Job Club 3:30 p.m. Games with Jane 5 p.m. Meditation 6 p.m. Walking Club | 29 3:30 p.m. Body Groove | 30 |
| 31 | | | | | | |

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April 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------|--|---|---|--|--------------------------|--------------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | | 3:30 p.m. Lady Bug Garden Club 5 p.m. Nutrition | 3:30 p.m. Coupon Club 5 p.m. Jabbers | 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club | 3:30 p.m. Body Groove | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 5 p.m. Relationships 6:30 p.m. Family Gathering sponsored by Family Council (Future planning for families with I/DD family members) | 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | 3:30 p.m. Coupon Club 5 p.m. Jabbers | 2:30 p.m. Job Club 3:30 p.m. Games w/Krystyna 5 p.m. Meditation 6 p.m. Walking Club | 3:30 p.m. Body Groove | 7 – 9 p.m. Game Night |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 4 p.m. Art project with clay | 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | 3:30 p.m. Coupon Club 5 p.m. Jabbers | 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club | 3:30 p.m. Body Groove | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | 5 p.m. Relationships | 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | 3:30 p.m. Coupon Club 5 p.m. Jabbers | 2:30 p.m. Job Club 3:30 p.m. Games w/Jane 5 p.m. Meditation 6 p.m. Walking Club | 3:30 p.m. Body Groove | |
| 28 | 29 | 30 | | | | |
| 5 p.m. Cooking w/ Nicole & Bill | | 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation | | | | |

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Are You Reading This Update?

Last week 4 people contacted Sister Jackie letting her know that they had indeed read the Update. They are:

- Michael Schiering
- Zalene Stinson
- Linda DeLillo
- Donna Ryan

Each of them will receive a \$10 gift card. Typically, we will award only one of our readers, but because only 4 people responded, we are acknowledging them with our thanks. Please watch for this small article at the end of sporadic Updates. Thank you for reading the weekly Update!

This email was sent to: colleenrenie@villageofmerici.org

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