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The Voice of Merici



Disability Awareness Month

Each March, Disability Awareness Month is celebrated throughout Indiana. And given that adults and children with disabilities represent slightly more than 19 percent of Indiana's population, disability awareness is important for all of us. Led by the Indiana Governor's Council for People with Disabilities, the goal of Disability Awareness Month is to promote the independence, integration, and inclusion of all people with disabilities.

The 2019 Disability Awareness month campaign theme is "**Be Cool. We Are.**" No matter the differences between people, it is always better to treat others the way you want to be treated, and this is especially true when interacting with friends, co-workers, and other Hoosiers who live with disabilities. The theme is all about the importance of being comfortable in your own skin and making the conscious decision to be yourself, because acting different around someone with a disability isn't cool.

Women's History Month

The theme for March 2019 is "Visionary Women: Champions of Peace & Nonviolence." In the United States, Women's History Month traces its beginnings back to the first [International Women's Day](#) (March 8) in 1911.

In 1987, after being petitioned by the [National Women's History Project](#), Congress passed [Public Law 100-9](#) which designated the month of March 1987 as Women's History Month. Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's



You will be receiving a survey in the next few days requesting your input about the programs we offer each week. The Community Program Director (Sister Jackie) implements these opportunities typically through volunteers who offer their time and expertise to provide quality educational and fun experiences for the persons we support. The survey is an attempt to assess the effectiveness of our programs. The program offerings are published each week through this weekly Update in the calendar section. We are sending surveys to the persons we support, to coaches, and to family members. We appreciate your input.



Don't Forget . . .

. . . to attend the Family Council's gathering on Monday, April 8, at 6:30 p.m. at Merici Village Apartments. Featured speaker will be Attorney Bob Fechtman who will discuss issues facing aging parents and siblings in planning for the future for a family member with I/DD. The Family Council encourages everyone to attend this "refresher course" especially those who were not able to attend past sessions. So that we can plan accordingly, please RSVP to Sister Jackie by Monday, April 1. She can be reached at jackie@villageofmerici.org or 317-991-4092.

March 2019

March is Disability Awareness Month AND Women's History Month!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6 3:30 p.m. Coupon Club 5 p.m. Jabbers/Crime Watch Meeting (changed to March 27)	7 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club	8 3:30 p.m. Body Groove	9 7 – 9 p.m. Game Night Monte Carlo Fundraiser
10 Daylight Saving Time	11 5 p.m. Relationships	12 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	13 3:30 p.m. Coupon Club 5 p.m. Jabbers 6 p.m. Relationships Dr. Ciccarelli 6:30 p.m. Board Meeting	14 2:30 p.m. Job Club 3:30 p.m. Games w/Krystyna 5 p.m. Meditation 6 p.m. Walking Club	15 3:30 p.m. Body Groove	16
17 St. Patrick's Day	18	19 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	20 3:30 p.m. Coupon Club 5 p.m. Jabbers	21 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club	22 3:30 p.m. Body Groove	23
24 5 p.m. Cooking w/ Nicole & Bill	25 5 p.m. Relationships	26 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	27 3:30 p.m. Coupon Club 5 p.m. Crime Watch Meeting	28 2:30 p.m. Job Club 3:30 p.m. Games with Jane 5 p.m. Meditation 6 p.m. Walking Club	29 3:30 p.m. Body Groove	30
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April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 3:30 p.m. Lady Bug Garden Club 5 p.m. Nutrition	3 3:30 p.m. Coupon Club 5 p.m. Jabbers	4 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club	5	6
7	8 5 p.m. Relationships 6:30 p.m. Family Gathering sponsored by Family Council (Future planning for families with I/DD family members)	9 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	10 3:30 p.m. Coupon Club 5 p.m. Jabbers	11 2:30 p.m. Job Club 3:30 p.m. Games w/Krystyna 5 p.m. Meditation 6 p.m. Walking Club	12 3:30 p.m. Body Groove	13 7 – 9 p.m. Game Night
14	15	16 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	17 3:30 p.m. Coupon Club 5 p.m. Jabbers	18 2:30 p.m. Job Club 5 p.m. Meditation 6 p.m. Walking Club	19 3:30 p.m. Body Groove	20
21	22 5 p.m. Relationships	23 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation	24 3:30 p.m. Coupon Club 5 p.m. Jabbers	25 2:30 p.m. Job Club 3:30 p.m. Games w/Jane 5 p.m. Meditation 6 p.m. Walking Club	26 3:30 p.m. Body Groove	27
28 5 p.m. Cooking w/ Nicole & Bill	29	30 3:30 p.m. Lady Bug Garden Club 5:30 p.m. Relaxation				

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If you have read this Update, please email your name to the editor at jackie@villageofmerici.org. or call her at 317-991-4092 and leave your name. Or drop by Sister Jackie's office and leave your name. Your name will be included in a drawing for a special prize. Thanks!

3/6/2019

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